**MICHAELA I. SCHOCKET**

543 MARLIN DRIVE

REDWOOD CITY, CA 94065

650-863-3228

michaela\_schocket@yahoo.com

**EDUCATION**

California State University Chico, Graduated May 2015

B.S. in Health Science, Health Education Minor in Health & Wellness

Cumulative G.P.A. 2.7

**SPECIAL SKILLS & INTERESTS**

* Love to work with children
* Able to follow written instructions
* Good with Microsoft Word, Excel and PowerPoint
* Manage family household assignments
* Team Captain of JV Basketball Team
* Team Captain Softball All Star League for 5 Years
* Great Customer Service skills
* Have worked with food and handling food
* Have worked with handling money
* Have worked with children teaching Health Education
* Have coached with people that have mental health issues

**WORK EXPERIENCE**

Danielle Beltramo Hicks

Babysitting

2008-2009

Roman Ritz

Nanny & Babysitting

Summer 2013

Harmony Frozen Yogurt

Customer Service, Food Handling, Cleaning, Handling Money

September 2010-October 2011

Bounce U

Owner Joobin

Duties performed: Party Planner, Customer Service, Food Handling, Working with children and adults and cleaning.

September 2008-2009

Caminar for Mental Health

Michael Schocket *Program Director* Jobs Plus Program

**San Mateo County** Services 2600 S. El Camino Real,

Suite 200 San Mateo, CA 94403

Phone: (650) 578-8691

Fax: (650) 393-8922

March 2015-Current

Responsibilities: My responsibilities as a job coach at Caminar were to help coach my clients with a mental health issue to become the best employee they could be. I worked with my clients side by side at their job site and helped them with any struggles that they had. Some struggles for example would be communication skills with co-workers, supervisors or costumers. I would coach they to have professional communication skills. I would also coach they on how to present themselves at their place of work. At the end of each month I would right a job report on each client and in the report would include what they are struggling on and intervention time and coaching on how to make the client more successful.

**CARRER GOALS**

My goals in life are to become a Certified Personal Trainer through the American Council on Exercise and to build my Clientele and work with people of any age group. I hope to get a job as a Personal Trainer at gym as well as working as a private personal trainer outside of the gym. My goals are to go abroad and help teach health education in different countries. I want to help decrease health issues in the world and be the best educator as possible.